MATURING · FOUR WAYS TO GO DEEPER AT ASHE ALLIANCE

Discipleship *Pathways.*

You weren't made to grow alone. Sunday mornings are where we gather, worship, and get equipped, but the real transformation happens around tables, in living rooms, over open Bibles, in relationships where people know your name. **Discipleship isn't a program you attend. It's the way followers of Jesus actually live.** *Here's how AAC helps you walk it out.*

— WHAT WE MEAN BY DISCIPLESHIP

CALLING ONE

Becoming.

The Greek word for disciple, **mathetes**, means apprentice. An apprentice doesn't just absorb teaching; he imitates the master's life until he becomes a living picture of it. A disciple is always becoming: staying surrendered, staying in the Word, actively pursuing growth in Christ. That posture never stops.

CALLING TWO

Multiplying.

Actively helping others grow in the same direction: investing in the people around you, sharing what God is doing, living in a way that points others toward Christ. **What you've received is meant to be passed on.** That pattern of receiving and giving is how the church has always grown.

— THE FOUNDATION · THE COURSE, AND THE HOME

FOUNDATIONAL · NOT ONE OF THE FOUR

Foundations *Track.*

THE COURSE · OPTIONAL

If you're newer to faith, or you've been in church for years but never worked through the basics, **Foundations is a good place to begin.** Eight online sessions through the core questions every believer needs to be able to answer. Designed for one-on-one, small group, or self-paced use, with Scripture, discussion questions, a weekly practice, and a guided prayer in each session.

SESSION 1 **Who Is God?**	SESSION 2 **Who Is Jesus?**	SESSION 3 **What Happened to Me?**
SESSION 4 **Who Is the Holy Spirit?**	SESSION 5 **What Is the Bible?**	SESSION 6 **What Is Prayer?**
SESSION 7 **What Is the Church?**	SESSION 8 **What Is a Disciple?**	

Session 8 closes with one question that doesn't let you sit still: **"Who are you making a disciple?"** *That's the whole point: not to acquire knowledge, but to become someone who multiplies what they've received.*

FOUNDATIONAL · NOT ONE OF THE FOUR

Family *Discipleship.*

THE HOME · EVERY PARENT'S JOB

The most important discipleship relationship your child will ever have isn't with a youth pastor or a Sunday school teacher. **It's with you.** Every parent is the primary disciple-maker in their home, without exception, so we don't treat it as an optional fifth relationship to pick among. The church's job is to equip you for that, not to do it for you.

Each week after Sunday's sermon, a **Family Discipleship Guide** is generated through our Deep Dive tool: a simple sermon summary for kids, dinner-table questions, a 5-day family devotional, and family prayer prompts. Raising your children in the faith doesn't replace your own need for one of the four relationships below. Every parent still needs a discipling relationship outside their own household.

— THE FOUR DISCIPLING RELATIONSHIPS · FOUR WAYS TO GO DEEPER

Whether you start with Foundations or you're already rooted in the faith, **these four discipling relationships are where discipleship gets lived out.** None are programs. Each is a relationship, or a set of relationships, built around the Word. You don't need to be in all of them, but every believer should be growing in at least one.

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DISCIPLING RELATIONSHIPS	"ONE ANOTHER" COMMANDS IN SCRIPTURE	MISSION · MAKE & MULTIPLY DISCIPLES

01 **Bible** *Studies.*

Larger. Structured. A weekly anchor in the Word with your people.

AAC's **Men's and Women's Bible Studies** meet weekly and go verse-by-verse through Scripture together: asking hard questions, wrestling with the text, learning from each other. Larger than Life Groups or D-Groups, which makes them a great **on-ramp**: a lower-barrier way to get into Scripture with others before stepping into something more intimate.

A note on purpose: these studies aren't about Bible trivia. They're about *being shaped by the Word so you can bring that Word to bear* in your family, your relationships, your community. Disciples make disciples. The Bible study is where that formation begins.

WHO IT'S FOR	FREQUENCY	WHAT TO EXPECT
Men's and Women's groups, open to all	Weekly	Verse-by-verse study, teaching, discussion, community

02 Life *Groups.*

Smaller. More personal. The place where you stop being a face in a crowd.

Sunday mornings are where the whole church gathers; Life Groups are where you actually belong. These are multi-generational groups of **up to 15 people** who meet outside of Sunday (in homes, at the church, or wherever works) to study God's Word together, share what's really going on in their lives, and support each other through it.

Every week, each Life Group leader gets a sermon-based guide through our **Deep Dive** tool: discussion questions, a 5-day devotional, prayer prompts. You'll never come empty-handed. Life Groups are **open**: there is always room for someone new.

WHO IT'S FOR	FREQUENCY	WHAT TO EXPECT
Everyone: singles, couples, families, any age	Weekly or biweekly, evenings or weekends	Community, Scripture, prayer, doing life together

03 Discipleship *Groups.*

Smaller still. Higher accountability. Where real growth happens.

If Life Groups are where you belong, Discipleship Groups are where you grow. These are intentionally small, **up to four people of the same gender**, meeting regularly to study Scripture and hold each other accountable. There's no hiding in a group this small. Everyone comes prepared. Everyone shows up. Everyone is honest about where they're struggling and where God is working.

These groups are **closed once formed**. The same people commit to each other for a season, because trust takes time and real growth requires both. It's one of the most transformative commitments you can make at AAC.

WHO IT'S FOR	FREQUENCY	WHAT TO EXPECT
Men and women separately: closed groups of up to 4, same gender	Weekly or every other week, 60–90 min	Bible study, accountability, honest conversation, mutual challenge

04 Paul–Timothy *Program.*

One-on-one. The most direct expression of the Great Commission we offer.

One person intentionally investing in another, one-on-one, over time. No stage, no classroom. Just a Paul and a Timothy, an open Bible, and the work of the Spirit. **Jesus spent three years with twelve people.** Paul wrote to Timothy, *"What you have heard from me … commit to faithful men who will be able to teach others also."* Four generations in one sentence. It's the blueprint.

Mentor and mentee meet regularly, usually weekly or biweekly, to read Scripture, pray, ask hard questions, and talk honestly about life. **Every mature believer at AAC is encouraged to be in a PT relationship.** It's not an add-on to discipleship. It is discipleship.

WHO IT'S FOR	FREQUENCY	WHAT TO EXPECT
Every believer: whether you need a Paul, are ready to be one, or both	Weekly or biweekly, flexible	One-on-one mentoring: Scripture, prayer, life, accountability

A CLOSING WORD

Sundays are the huddle. *The rest of the week is the playing field.*

Sunday morning, you get equipped. The Word is opened, the body gathers, and you're sent back out. But **real discipleship happens in the other six days.** In the living room with your kids. Across the table from someone further down the road. In the honest conversation with a few other men or women who know your real life. These four relationships are how you stop watching the game from the sideline and start playing it.

> *"All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness, so that the man of God may be complete, equipped for every good work."*
>
> 2 TIMOTHY 3 : 16–17

"Go, therefore, and make disciples of all nations … teaching them to observe everything I have commanded you." MATTHEW 28 : 19–20