A COMPANION TO THE MULTIPLYING PLAYBOOK

Multiplying Field Guide.

This is not the book. It is the card you keep where your Bible lives. The Playbook taught you the twelve practices of a discipling year. This sheet helps you reach for the right one at the right moment, and warns you where each one goes wrong.

Print both sides. Fold once. When a moment in the year stumps you, start with the question below that sounds like yours.

Where is your year right now?

FIND YOUR MOMENT · REACH FOR THE PRACTICE

You need to **discern the person** before you commit	1A Person of Peace + F.A.T.
You need to know **where they actually are** spiritually	1B The Five Stages
You are investing deeply in **one emerging leader**	2A Discipling Relationship
You want AAC's **gold-standard** multiplication shape	2B The Triad
You are discipling **in your household**	2C Family Discipleship
You need a **daily Bible method** anyone can copy	3A C.O.M.A. Bible Study
You need to introduce the **spiritual disciplines**	3B Spiritual Disciplines
You are grounding a **new believer** in the first quarter	3C The Foundations
You are moving them from **receiving to articulating**	3D Doctrinal Statement
They need to see the **whole pathway** before launch	3E Pathway Resources
You need to check that your rhythm is **copyable**	4A Process Over Content
You need to check that it will **outlive you**	4B Four-Generation Test

The year at a glance

GRADUAL RELEASE · WHO IS DOING THE WORK CHANGES, NOT THE CONTENT

Q1
Receiving
I do · you watch
Ground them: C.O.M.A. modeled, Foundations conversations, daily disciplines begun.

Q2
Strengthening
I do · you help
They lead pieces. Doctrinal anchors: can they say it in their own words?

Q3
Leading
You do · I help
They carry the rhythm. Survey the pathway resources. You step back.

Q4
Sending
You do · I watch
Check the Marks. Name their next person. Commission, and stay near.

The season runs twelve to eighteen months. If they are still watching in Q3, release deliberately: the year will not produce a disciple-maker until the wheel changes hands.

Marks of a Disciple-Maker

FOURTEEN MARKS · SELF-CHECK AT MONTH 12, AGAIN 6 MONTHS AFTER LAUNCH

Character · 4
Fruit of the Spirit visible · quick confession · tested in difficulty · still teachable

Competence · 7
Has shared the gospel · can articulate Trinity and Christ · sustains C.O.M.A. and prayer · a covenant member · can teach the rhythm · has led alone

Commission · 3
Has named a next person · has invited them · knows what to do first

If the marks are not present, extend the year rather than pretend. The confirmation horizon is 6–12 months past launch, not launch day.

AAC

Multiplying Field Guide
The twelve practices · what each is, and where it goes wrong

SIDE TWO

1 · The Who | 2 · The Structure | 3 · Core Content | 4 · Replicable Systems

Every practice is taught in full in the Multiplying Playbook.

1A Person of Peace + F.A.T.

Pray for one name. Look for **open, hungry, sharing**. Test against **faithful, available, teachable**.

WATCH Choose the most ready, not the most impressive.

Luke 10:5–7 · Acts 16:1–3

1B The Five Stages

Dead → Infant → Child → Young Adult → Parent. **Where they are shapes what you offer.** Revisit quarterly.

WATCH Never say the labels aloud. This is your private diagnostic.

1 John 2:12–14

2A Discipling Relationship

Paul-Timothy, one-on-one or up to four. **Deep investment in an emerging leader.** Same year, same content, commissioned at the end.

WATCH Name the commissioning on day one, or it stays a friendship.

2 Tim 2:2

2B The Triad ★

One discipler, two disciples, 12–18 months. **AAC's gold standard.** Each member starts a new triad at the end: 1 → 3 → 9 → 27.

WATCH Skip the commissioning and you made disciples, not disciple-makers.

1 Cor 4:15–16 · 2 Tim 2:2

2C Family Discipleship

Your kids are your first disciples. Same content, paced by life-stage, with the same intent as a triad.

WATCH Sunday and youth group will not do the discipling for you.

Deut 6:6–9 · Eph 6:4

3A C.O.M.A. Bible Study

Context. Observation. Meaning. Application. Daily, 15–20 minutes, simple enough for anyone to copy.

WATCH Do not jump from Observation to Application. Meaning is the bridge.

2 Tim 3:16–17

3B Spiritual Disciplines

Eight means of grace. **Daily first, weekly next, seasonal as readiness grows.** Model each one before you assign it.

WATCH Means of grace, not measures of righteousness. Keep grace in front.

1 Tim 4:7–8

3C The Foundations

Eight conversations grounding a new believer **by the end of Q1**. Cover each when their life opens the door.

WATCH Conversations, not a class. The goal is landing, not covering.

Heb 6:1–2

3D Doctrinal Statement

Four anchors in Q2: **Trinity, Christ, Spirit, Salvation.** The question that matters: can you say this in your own words?

WATCH They articulate it. You do not articulate it for them.

1 Pet 3:15

3E Pathway Resources

One resource from each stage, surveyed in **Q3–Q4**, so they can walk someone else across the same journey.

WATCH Too early is wasted. If they are still in Foundations, wait.

Matt 28:19–20

4A Process Over Content

What passes on is the rhythm, not the workbook. Could they replicate this without you, without buying anything?

WATCH A curriculum done once will not outproduce a rhythm done well.

2 Tim 2:2

4B Four-Generation Test

Will this still be multiplying when you are gone? Generation four has to exist apart from you.

WATCH A design principle, not a judgment. Build for four; trust God with the rest.

2 Tim 2:2

What kills a multiplying year

TWELVE FAILURE MODES · READ THIS SIDE FIRST WHEN SOMETHING FEELS OFF

- ✕ **The convenient person, not the ready person.** Enthusiasm without discernment ends a year with nothing to show.
- ✕ **Mentoring that never commissions.** Depth without reproduction is not multiplication.
- ✕ **Skipping Meaning in C.O.M.A.** Straight to Application treats Scripture as a mirror for ourselves.
- ✕ **Foundations as a class.** Cover when life opens the door, not when the syllabus says.
- ✕ **Curriculum over process.** A workbook does not multiply. A copyable rhythm does.
- ✕ **The rushed launch.** If the Marks are not present, extend the year rather than pretend.
- ✕ **Stage labels said aloud.** "You're a spiritual child" is condescending. Diagnose privately.
- ✕ **Family passivity.** Church attendance is not family discipleship.
- ✕ **Disciplines as achievements.** Shame kills formation. Grace sustains it.
- ✕ **Doctrine as lecture.** If they cannot say it in their own words, it has not landed.
- ✕ **The two-generation ceiling.** If Gen 4 cannot do what you are teaching Gen 2, adjust now.
- ✕ **Keeping the wheel.** Still driving in Q3 means no disciple-maker in Q4. Release deliberately.

The Spirit multiplies. We set the table.

Pick one practice. Practice it until it is natural in you. Then bring it into one relationship. You do not have to plant a movement. You only have to commit what you have heard to one faithful person who will be able to teach others also.

"What you have heard from me in the presence of many witnesses, commit to faithful men who will be able to teach others also."

2 Timothy 2:2 · CSB