A PERSONAL SELF-ASSESSMENT

Where am I on the *pathway?*

This isn't a test. It's a mirror. **A fully formed disciple isn't perfect, but whole, with no piece missing.** *Take ten quiet minutes, answer honestly, and ask the Lord to show you one clear next step.*

Part 1 · The two milestones: have you reached them?

You reach these once, and the three steps between them are the first acts of obedience that follow believing: **be baptized, begin sharing, get plugged in.** If you check "not yet" on any, that is your first next step. Start there.

01 · BELIEVING **I have trusted Jesus Christ alone as my Savior and Lord.**

☐ Yes ☐ Not yet ☐ Still exploring

BAPTISM **I have been baptized as a follower of Jesus.**

☐ Yes ☐ Not yet ☐ I'd like to talk about it

SHARING **I have told someone else what Jesus has done in my life.**

☐ Yes ☐ Not yet ☐ I wouldn't know how

02 · BELONGING **I have committed to this church family as a member.**

☐ Yes ☐ Not yet ☐ Attending, not yet joined

Part 2 · The three rhythms: how am I living them?

Lived **all at once, for life.** Fill in one circle per row (**Not yet = 1 · Beginning = 2 · Growing = 3 · Strong = 4**), then add each rhythm's three answers for a subtotal out of 12.

GROW Maturing *being formed in Christ*

	NOT YET	BEGIN-NING	GROW-ING	STRONG
I spend regular, unhurried time with God in His Word and prayer. ABIDE	○	○	○	○
I'm in a discipling relationship: a group or a person who knows my real life. COMMUNITY	○	○	○	○
Looking back over the past year, I can see God changing my character.	○	○	○	○

Maturing subtotal _____ / 12

MATURING · WHERE I'VE SEEN GOD CHANGE ME THIS YEAR

SERVE Ministering *serving from my gifts*

I know the spiritual gifts and natural strengths God has given me.	○	○	○	○
I'm using those gifts in real ministry: inside the church, in my work, or in my community.	○	○	○	○
My serving fits how God made me: my sweet spot, not just a filled slot.	○	○	○	○

Ministering subtotal _____ / 12

MINISTERING · WHERE MY GIFTS ARE AT WORK (OR COULD BE)

IN THE CHURCH _____

IN MY WORK, NEIGHBORHOOD, OR COMMUNITY _____

SEND Multiplying *disciples who make disciples*

I'm intentionally helping someone else grow in Christ.	○	○	○	○
I have real, ongoing relationships with people who don't yet know Jesus. TELL	○	○	○	○
In the past year, I've helped someone take a step toward Christ.	○	○	○	○

Multiplying subtotal ____ **/ 12**

MULTIPLYING · NAME NAMES (MULTIPLICATION STARTS HERE)

SOMEONE I COULD BEGIN DISCIPLING _____

SOMEONE WHO DOESN'T YET KNOW JESUS AND IS ON MY HEART _____

Part 3 · The portrait: am I whole?

The five pieces of the Romans 12 portrait, one for each relationship in your life. Rate each on the same 1–4 scale, then circle the one that's most your **growing edge.**

	NOT YET	BEGIN-NING	GROW-ING	STRONG
Surrendered to God: every part of my life belongs to Him. ROM 12:1	○	○	○	○
Transformed in the world: my mind is renewed by God's Word, not shaped by the culture. ROM 12:2	○	○	○	○
Humble about myself: I know who I am in Christ and steward the gifts He has entrusted to me. ROM 12:3–8	○	○	○	○
Loving toward believers: I love, encourage, serve, and build up the family of God. ROM 12:9–13	○	○	○	○
Sacrificial toward unbelievers: I meet hostility with grace and costly love, and overcome evil with good. ROM 12:14–21	○	○	○	○

Part 4 · My results & my next step

The milestones come first. If one hasn't been reached, that's your next step. Otherwise, **your lowest rhythm subtotal is your focus**: not a grade, a direction. Take the matching next step below, then write your commitment.

Maturing GROW	Begin a daily time with God, then step into one of our four discipling relationships: **Bible Study** (Men's or Women's, weekly), **Life Group** (multi-generational, up to 15), **D-Group** (gender-specific, up to 4), or **Paul–Timothy** (one-on-one mentoring). New to the faith or wanting a refresher? Start with **Foundations**, our optional eight-session online resource. Every parent also disciples at home, alongside one of the four.
Ministering SERVE	Talk with a pastor, elder, or mature believer who knows you well. Walk through the **Sweet Spot (PPP) Conversation Guide** together, then name one place to serve inside the church and one beyond its walls. A free online spiritual gifts assessment is a good backup.
Multiplying SEND	Ask God to place one or two people on your heart, then invite them to begin meeting with you. Name one person who doesn't yet know Jesus, and pray for them by name.

My next step

Don't leave this page without one. Write it down, then take it this week.

MY LOWEST RHYTHM + MY GROWING EDGE _____

MY ONE NEXT STEP _____

ONE PERSON I'LL BEGIN POURING INTO _____

SOMEONE WHO CAN CHECK IN WITH ME _____

"Search me, God, and know my heart … lead me in the everlasting way." PSALM 139 : 23–24