A QUARTERLY ASSESSMENT · FIVE RELATIONSHIPS, ONE DISCIPLE

The Romans 12 *Disciple.*

Romans 12 is a portrait of what we all become. **Once a quarter, take an unhurried hour and hold your life up to it.** *Look back at the last three months, rate each relationship, and name one step of obedience for the next three.*



			Q1	Q2	Q3	Q4
Surrendered	with God	ROMANS 12:1				
Transformed	with the world	ROMANS 12:2				
Humble	with myself	ROMANS 12:3–8				
Loving	with believers	ROMANS 12:9–13				
Sacrificial	with unbelievers	ROMANS 12:14–21				

Five pieces, one disciple. Write this quarter's scores here, and copy your earlier scores from your last page.

HOW TO USE THIS GUIDE

Four times a year. Take it alone with an open Bible, then share it with your D-Group, your Paul–Timothy partner, or your Life Group. Rate each piece from 1 to 4: **Not yet = 1 · Beginning = 2 · Growing = 3 · Strong = 4.** The score is not a grade. It is a direction. Keep every page, so you can look back and see what Christ is forming.

SINCE LAST QUARTER

DATE _____ QUARTER · YEAR _____

THE STEP I NAMED LAST TIME _____

WHAT HAPPENED _____

01 · WITH GOD

Surrendered.

ROMANS 12:1

THIS QUARTER

1 2 3 4

Every part of life belongs to Him. A surrendered heart becomes obedient hands.

> *"Therefore, brothers and sisters, in view of the mercies of God, I urge you to present your bodies as a living sacrifice, holy and pleasing to God; this is your true worship."*

? What part of my life am I still holding back from Him?

? What would obedience look like there this week?

02 · WITH THE WORLD

Transformed.

ROMANS 12:2

THIS QUARTER

1 2 3 4

A mind continually renewed by God's Word rather than shaped by the culture. A renewed mind leads to different decisions.

> *"Do not be conformed to this age, but be transformed by the renewing of your mind, so that you may discern what is the good, pleasing, and perfect will of God."*

? Where is the culture shaping how I think more than God's Word is?

? What truth from Scripture belongs in its place?

03 · WITH MYSELF

Humble.

ROMANS 12:3-8

THIS QUARTER

1 2 3 4

Knowing who you are in Christ, and faithfully stewarding the gifts He has entrusted to you. A humble view of ourselves frees us to use our gifts.

> *"... not to think of himself more highly than he should think. Instead, think sensibly, as God has distributed a measure of faith to each one."*

? Where do I think too highly of myself, or too little of His gifts to me?

? What gift has He entrusted to me, and where am I using it?

04 · WITH BELIEVERS

Loving.

ROMANS 12:9-13

THIS QUARTER

1 2 3 4

Loving, encouraging, serving, and building up the family of God. Love like this moves us to serve the church.

> *"Let love be without hypocrisy ... Love one another deeply as brothers and sisters. Take the lead in honoring one another."*

? Who in this church family needs my encouragement or help right now?

? What will I do for them this week?

05 · WITH UNBELIEVERS

Sacrificial.

ROMANS 12:14-21

THIS QUARTER

1 2 3 4

Responding to hostility with grace, generosity, and costly love. Sacrificial love compels us to bless a world that often rejects Christ.

> *"Bless those who persecute you; bless and do not curse ... Do not be conquered by evil, but conquer evil with good."*

? Who is hard for me to love, or has wronged me?

? How can I bless that person instead of paying them back?

My growing edge this quarter

Not perfection, but a life continually being transformed by the gospel. Pick one piece. Take one step.

THE PIECE THAT IS MOST MY GROWING EDGE _____

MY ONE STEP OF OBEDIENCE FOR THE NEXT THREE MONTHS _____

SOMEONE WHO WILL PRAY FOR ME AND CHECK IN _____

THE DATE OF MY NEXT ASSESSMENT _____

Formed, and sent: *to make and multiply fully formed disciples of every generation, from Ashe County to the nations.*